


# CERTUS Orange City- February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>SW</b> Social <b>PW</b> Physical <b>IW</b> Intellectual <b>NW</b> Nutritional</p>	<p>FEB 6TH</p> <p>CHOCOLATE FACTORY TOUR &amp; LUNCH OUT</p>		<p><b>FEBRUARY 3</b></p> <p><b>SUPER BOWL PARTY AT NOON!</b></p>		<p>09:30 <b>PW</b> Passport To Wellness <b>1</b></p> <p>10:30 <b>IW</b> Do You Know America</p> <p>11:00 <b>SW</b> Trivia &amp; Tales</p> <p>11:15 <b>NW</b> Fruity Friday</p> <p>12:00 <b>IW</b> Multi Sensory Cleansing</p> <p>01:30 <b>PW</b> Mindful Movements</p> <p>02:15 <b>IW</b> Crossword Crazy</p> <p>03:00 <b>SW</b> Happy Hour</p> <p>03:15 <b>NW</b> Fruit Infusion</p>	<p>09:30 <b>PW</b> Basic Balance <b>2</b></p> <p>10:30 <b>IW</b> Finish The Phrase</p> <p>11:00 <b>SW</b> Just Jokes</p> <p>11:15 <b>NW</b> Cookie Connection</p> <p>01:30 <b>PW</b> Let's TheraBand</p> <p>02:15 <b>IW</b> Adages &amp; Proverbs</p> <p>03:15 <b>NW</b> Burst of Flavor</p> <p>04:00 <b>SW</b> Come Sail Away With Me</p>
<p>12:00 <b>NW</b> SUPER BOWL PARTY <b>3</b></p> <p>09:30 <b>PW</b> Staying Nimble</p> <p>10:30 <b>IW</b> Two of a Kind</p> <p>11:00 <b>SW</b> A Dose of Inspiration</p> <p>11:15 <b>NW</b> Burst of Flavor</p> <p>01:30 <b>PW</b> Meditation</p> <p>02:15 <b>IW</b> Have You Ever</p> <p>03:00 <b>SW</b> People, Places And Things</p> <p>03:30 <b>NW</b> Food Favorites</p>	<p>09:30 <b>PW</b> Chair Yoga <b>4</b></p> <p>10:00 <b>IW</b> Resident Hiring Council</p> <p>10:30 <b>SW</b> Trivia &amp; Tales</p> <p>11:15 <b>NW</b> Fresh Fruit Tasting</p> <p>01:30 <b>PW</b> Disco Dynamics</p> <p>02:15 <b>IW</b> Getting To Know Florida</p> <p>03:00 <b>SW</b> Floral Expressions</p> <p>03:30 <b>NW</b> Peanuts &amp; Popcorn</p>	<p>09:30 <b>PW</b> Conductorcise <b>5</b></p> <p>10:30 <b>IW</b> House Hunters</p> <p>11:00 <b>SW</b> Board Games</p> <p>11:15 <b>NW</b> Tasty Tuesday</p> <p>01:00 <b>PW</b> Strolling The Community</p> <p>02:15 <b>IW</b> Getting To Know Florida</p> <p>03:00 <b>SW</b> Colorful Conversations</p> <p>03:15 <b>NW</b> BBQ Bullseye</p>	<p>09:00 <b>PW</b> Passport To Wellness <b>6</b></p> <p>10:30 <b>IW</b> Puzzle Adventure</p> <p>11:00 <b>SW</b> LUNCH OUT</p> <p>11:15 <b>NW</b> Chocolate Factory Tour</p> <p>01:30 <b>PW</b> Broadway Tap</p> <p>02:15 <b>IW</b> Chair YogaGetting to know You</p> <p>03:00 <b>SW</b> Music Club</p> <p>03:30 <b>NW</b> Fresh Fruit Tasting</p>	<p>09:00 <b>PW</b> Two Step <b>7</b></p> <p>10:30 <b>IW</b> Aruba Bound</p> <p>11:00 <b>SW</b> Button Madness</p> <p>11:15 <b>NW</b> Food Favorites</p> <p>01:00 <b>PW</b> Basic Balance</p> <p>02:15 <b>IW</b> California Bound</p> <p>03:00 <b>SW</b> Car Buying</p> <p>03:15 <b>NW</b> Bountiful Berries</p>	<p>09:30 <b>PW</b> Passport To Wellness <b>8</b></p> <p>10:30 <b>IW</b> Cuba Bound</p> <p>11:00 <b>SW</b> Board Games</p> <p>11:15 <b>NW</b> Family Recipes</p> <p>01:30 <b>PW</b> Creative Ribbon Dancing</p> <p>02:15 <b>IW</b> Do You Know America</p> <p>03:00 <b>SW</b> Happy Hour</p> <p>03:45 <b>NW</b> Fruity Friday</p>	<p>09:30 <b>PW</b> Basic Balance <b>9</b></p> <p>10:30 <b>IW</b> Who Is Your Hero?</p> <p>11:00 <b>SW</b> What Advice Would You Give</p> <p>11:15 <b>NW</b> Burst of Flavor</p> <p>01:30 <b>PW</b> Marching to the Beat</p> <p>02:15 <b>IW</b> Scatergories</p> <p>03:00 <b>SW</b> Smile On</p> <p>03:15 <b>NW</b> Just Desserts</p>
<p>09:30 <b>PW</b> Wii Bowling <b>10</b></p> <p>10:30 <b>IW</b> Two of a Kind</p> <p>11:00 <b>SW</b> A Dose of Inspiration</p> <p>11:15 <b>NW</b> Colorful Conversations</p> <p>01:30 <b>PW</b> Strolling The Community</p> <p>02:15 <b>IW</b> Van Gogh Story</p> <p>03:00 <b>SW</b> Camping Memories</p> <p>03:30 <b>NW</b> Cookie Connection</p>	<p>09:30 <b>PW</b> Fit Deck Fitness <b>11</b></p> <p>10:30 <b>IW</b> The Meaning Behind The Flower</p> <p>10:30 <b>SW</b> The Beach</p> <p>11:15 <b>NW</b> Pineapple Paradise</p> <p>01:30 <b>PW</b> Basic Balance</p> <p>02:15 <b>IW</b> Who Is Your Hero?</p> <p>03:00 <b>SW</b> Whether The Weather</p> <p>03:30 <b>NW</b> A Touch of Spice</p>	<p>09:30 <b>PW</b> FitDeck Fitness <b>12</b></p> <p>10:30 <b>IW</b> Reading Roundtable</p> <p>11:00 <b>SW</b> Country Music of the 70s/80s</p> <p>11:15 <b>NW</b> Tasty Tuesday</p> <p>01:30 <b>PW</b> Strolling The Community</p> <p>02:15 <b>IW</b> Dunkin' Donuts Story</p> <p>03:00 <b>SW</b> Every Picture Tells A Story</p>	<p>09:30 <b>PW</b> Fi tDeck Fitness <b>13</b></p> <p>10:30 <b>IW</b> People, Places And Things</p> <p>11:00 <b>SW</b> Scenic Tour</p> <p>11:15 <b>NW</b> Fresh Fruit Tasting</p> <p>01:30 <b>PW</b> Plastic Plate Workout</p> <p>02:15 <b>IW</b> Do You Know America</p> <p>03:00 <b>SW</b> Getting To Know You</p> <p>03:30 <b>NW</b> Family Recipes</p>	<p><b>VALENTINE'S DAY</b> <b>14</b></p> <p>09:30 <b>PW</b> Strong Body/Strong Mind</p> <p>10:30 <b>IW</b> Minnesota Bound</p> <p>11:00 <b>SW</b> Smile On</p> <p>11:15 <b>NW</b> Very Veggie</p> <p>01:30 <b>PW</b> Discovery Expedition</p> <p>02:00 <b>NW</b> Ice Cream Truck</p> <p>03:00 <b>IW</b> Bird Watching</p> <p>04:00 <b>SW</b> Valentine's Show</p>	<p>09:30 <b>PW</b> Passport To Wellness <b>15</b></p> <p>10:30 <b>IW</b> Do You Know America</p> <p>11:00 <b>SW</b> Dominoes,etc</p> <p>11:15 <b>NW</b> Fruity Friday</p> <p>01:30 <b>PW</b> Bowling</p> <p>02:15 <b>IW</b> Getting To Know Florida</p> <p>03:00 <b>SW</b> Happy Hour</p> <p>03:15 <b>NW</b> Bountiful Berries</p>	<p>09:30 <b>PW</b> Basic Balance <b>16</b></p> <p>10:30 <b>IW</b> Finish The Phrase</p> <p>11:00 <b>SW</b> Just Jokes</p> <p>11:15 <b>NW</b> Burst of Flavor</p> <p>01:30 <b>PW</b> Let's TheraBand</p> <p>02:15 <b>IW</b> Adages &amp; Proverbs</p> <p>03:15 <b>SW</b> Come Sail Away With Me</p> <p>03:15 <b>NW</b> A Touch of Spice</p>
<p>09:30 <b>PW</b> Staying Nimble <b>17</b></p> <p>10:30 <b>IW</b> Two of a Kind</p> <p>11:00 <b>SW</b> Coffee &amp; News</p> <p>11:15 <b>NW</b> Burst of Flavor</p> <p>01:30 <b>PW</b> Meditation</p> <p>02:15 <b>IW</b> Puzzle Time</p> <p>03:00 <b>SW</b> A Dose of Inspiration</p> <p>03:30 <b>NW</b> Food Favorites</p>	<p>09:30 <b>PW</b> Chair Yoga <b>18</b></p> <p>10:00 <b>IW</b> Resident Hiring Council</p> <p>11:00 <b>SW</b> Basketball History</p> <p>11:15 <b>NW</b> Burst of Flavor</p> <p>01:30 <b>PW</b> Fit Deck Fitness</p> <p>02:15 <b>IW</b> Would You Wear That?</p> <p>03:00 <b>SW</b> Every Picture Tells A Story</p> <p>03:30 <b>NW</b> Family Recipes</p>	<p>09:30 <b>PW</b> Conductorcise <b>19</b></p> <p>10:30 <b>IW</b> Finish The Lyrics</p> <p>10:30 <b>SW</b> Just Jokes</p> <p>11:15 <b>NW</b> Tasty Tuesday</p> <p>01:30 <b>PW</b> FitDeck Fitness</p> <p>02:15 <b>IW</b> Amelia Earhart Story</p> <p>03:00 <b>SW</b> Button Madness</p> <p>03:15 <b>NW</b> A Taste of Color</p>	<p>09:30 <b>PW</b> Passport To Wellness <b>20</b></p> <p>10:30 <b>IW</b> Getting To Know Frank Sinatra</p> <p>11:00 <b>SW</b> Outing</p> <p>11:15 <b>NW</b> Fresh Fruit Tasting</p> <p>01:30 <b>PW</b> Broadway Tap</p> <p>02:15 <b>IW</b> Reading Roundtable</p> <p>03:00 <b>SW</b> Floral Expressions</p> <p>03:15 <b>NW</b> Sundae Social</p>	<p>09:30 <b>PW</b> Basic Balance <b>21</b></p> <p>10:30 <b>IW</b> The New York Yankees</p> <p>11:00 <b>SW</b> Coffee &amp; News</p> <p>11:15 <b>NW</b> Food Favorites</p> <p>01:30 <b>PW</b> Keep The Pace</p> <p>02:15 <b>IW</b> Songs of the Beatles</p> <p>03:00 <b>SW</b> People, Places And Things</p> <p>03:15 <b>NW</b> Interesting Edibles</p>	<p>09:00 <b>PW</b> Passport To Wellness <b>22</b></p> <p>10:00 <b>SW</b> Outing/Shopping</p> <p>10:30 <b>IW</b> Do You Know America</p> <p>11:00 <b>SW</b> Happy Hour</p> <p>11:15 <b>NW</b> Fruity Friday</p> <p>01:30 <b>PW</b> Basic Balance</p> <p>02:15 <b>IW</b> A Presidential Salary</p> <p>03:00 <b>SW</b> The Secret of Happiness</p> <p>03:15 <b>NW</b> Very Veggie</p>	<p>09:30 <b>PW</b> Basic Balance <b>23</b></p> <p>10:30 <b>IW</b> Aruba Bound</p> <p>11:00 <b>SW</b> The Firsts For Women</p> <p>11:15 <b>NW</b> Burst of Flavor</p> <p>01:30 <b>PW</b> Chair Yoga</p> <p>02:15 <b>IW</b> How Much Would You Pay</p> <p>03:15 <b>SW</b> Country Music of the 70s/80s</p> <p>03:15 <b>NW</b> Baking With Berries</p>
<p>09:30 <b>PW</b> FitDeck Fitness <b>24</b></p> <p>10:30 <b>IW</b> Two of a Kind</p> <p>11:00 <b>SW</b> A Dose of Inspiration</p> <p>11:15 <b>NW</b> Culinary Club</p> <p>01:30 <b>PW</b> Strolling The Community</p> <p>02:15 <b>IW</b> Do You Know America</p> <p>03:00 <b>SW</b> Music Club</p> <p>03:30 <b>NW</b> Ice Cream Social</p>	<p>09:00 <b>PW</b> Fit Deck Fitness <b>25</b></p> <p>10:30 <b>IW</b> Getting To Know Florida</p> <p>11:00 <b>SW</b> Board Games</p> <p>11:15 <b>NW</b> Bon Appetite</p> <p>01:30 <b>PW</b> Basic Balance</p> <p>02:15 <b>IW</b> Finish The Phrase</p> <p>03:00 <b>SW</b> Courtyard Time</p> <p>03:30 <b>NW</b> "Red" Treats</p>	<p>09:00 <b>PW</b> FitDeck Fitness <b>26</b></p> <p>10:30 <b>IW</b> A Presidential Salary</p> <p>11:00 <b>SW</b> Farmer Nation</p> <p>11:15 <b>NW</b> Tasty Tuesday</p> <p>01:30 <b>PW</b> Conductorcise</p> <p>02:15 <b>IW</b> Greetings and Salutations</p> <p>03:00 <b>SW</b> Music Club</p> <p>03:15 <b>NW</b> Movie Snacks</p>	<p>09:00 <b>PW</b> FitDeck Fitness <b>27</b></p> <p>10:30 <b>IW</b> California Bound</p> <p>11:00 <b>SW</b> Outing/Lunch</p> <p>11:15 <b>NW</b> Chocolate Tasting</p> <p>01:30 <b>PW</b> Disco Dynamics</p> <p>02:15 <b>IW</b> Getting To Know Disney Characters</p> <p>03:00 <b>SW</b> The Joys of Being A Parent</p> <p>03:30 <b>NW</b> Social</p>	<p>09:30 <b>PW</b> Two Step <b>28</b></p> <p>10:30 <b>IW</b> Expressive Picture Writing</p> <p>11:00 <b>SW</b> Car Buying</p> <p>11:15 <b>NW</b> Candy Connections</p> <p>01:30 <b>PW</b> Hobbies In Motion</p> <p>02:15 <b>IW</b> Puzzle Adventure</p> <p>03:00 <b>SW</b> Come Sail Away With Me</p> <p>03:15 <b>NW</b> Fondue Creation</p>	